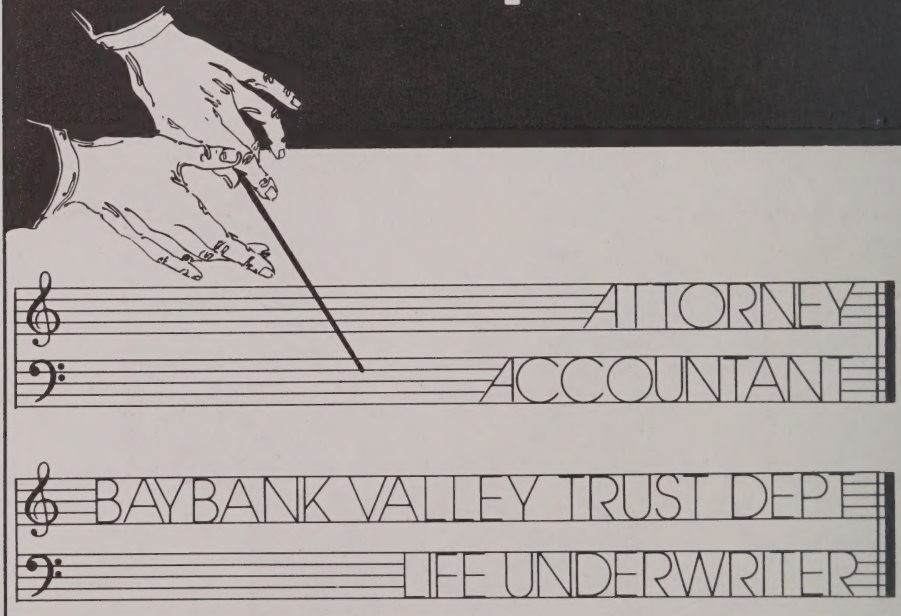
The Hampden Hippocrat

October 1980

Mrs. Leandre W. Giguere

President, Auxiliary To The H.D.M.S.

Planning your estate calls for a skilled quartet.



Not even Beethoven could come up with a better arrangement.

BayBank | Valley Trust

HAMPDEN DISTRICT MEDICAL SOCIETY

1414 STATE STREET
SPRINGFIELD, MASS. 01109
Telephone: 736-0661

VIVIAN M. PURDY
EXECUTIVE SECRETARY

CHRISTINA STOLPINSKI
OFFICE SECRETARY

OFFICERS

James J. Siragusa, Jr. ..... President
Philip B. Stoddard ..... Vice President-President Elect
William W. Walthall, Jr. ..... Secretary
John R.S. Remsberg ..... Treasurer

Garry deN. Hough, III ..... Executive Councilor

EXECUTIVE COMMITTEE

James J. Siragusa, Jr.	Ex-Officio	Franco Navazio
Philip B. Stoddard	Ex-Officio	John R.S. Remsberg
William W. Walthall, Jr.	Ex-Officio	Bernard Bloom
Louis A. Corsaro	1981	John J. Zadworny
Joseph T. Bagamary	1982	J. Gordan Rich
William J. Baker	1983	Augusto G. Asinas

CHAIRPERSONS OF COMMITTEES

Norman Epstein ..... Mediation
Walter J. Pacosa ..... Publications
Bernard Bloom ..... Public Relations
Samuel J. Brendler ..... Legislative
Walter J. Pacosa ..... Auxiliary
William J. Belcastro ..... Insurance, Labor Relations & Industrial Accident
John R. Park ..... Malpractice & Medico-Legal Affairs
Paul L. Stagg ..... Public Health
James D. Allan ..... By-Laws
Lorne C. Smith ..... Members' Insurance
James G. Fitzpatrick ..... Medico-Religious Affairs
Joel Bessoff ..... Auditing
Aaron M. Leavitt ..... Committee for Disabled Physician
Raymond J. Anton ..... Tax Supported Medical Care
Lorne C. Smith ..... Nominating
William B. Coen ..... Scholarship

COUNCILORS

John C. Ayres	Ex-Officio	Allen S. Johnson
James J. Siragusa, Jr.	Ex-Officio	William W. Walthall, Jr.
Raymond J. Anton		Alternate Legislative
Bernard Bloom		Public Relations
Samuel J. Brendler		Legislative
John J. Burke		Supervisory Censor
Garry deN. Hough, III		Executive/Alternate Nominating
Bruce B. Stoler		Nominating
James J. Siragusa, Jr.		Alternate Executive

Augusto G. Asinas
Eugene W. Beauchamp, Jr.
Eugene G. Boss, Jr.
Franklyn H. Carrington
Demosthenes D. Dasco
Leandre W. Giguere
Charles J. Leagus, Jr.
Richard J. Miller
D. Sean Restall

George E. Reynolds
J. Gordon Rich
Walter F. Tauber
Erick A. Rosenthall
Frederick C. Schwendenmann
Philip B. Stoddard
Rocco A. Verrilli
Murray Watnick
Harrison D. Willcutts

DISTRICT MEETING of the HAMPDEN DISTRICT MEDICAL SOCIETY

DATE:	Tuesday, November 25, 1980
PLACE:	Storrowton Tavern Stagecoach Barn, West Springfield, MA
BUSINESS MEETING:	6:00 P.M.
SOCIAL HOUR:	7:00 P.M.
DINNER:	7:30 P.M. Promptly

More information will be in November issue.

Save The Date.

TRANS - SHARE

MEDICAL TRANSCRIPTION SERVICE

DIRECT DIAL SYSTEM

OFFICE HOME HOSPITAL ON THE ROAD

24 Hour Turnover

WORK GUARANTEED! CONFIDENTIALITY GUARANTEED!

BAYSTATE SERVICE & SYSTEMS, INC.
50 Elm Street
West Springfield, Massachusetts 01089

413/737-6873

"In the office, hospital, at home or on the road, your PERSONAL MEDICAL SECRETARY is only a telephone away."

CALL FOR DETAILS!!!

THE HAMPDEN HIPPOCRAT

·1942·

OCTOBER 1980 VOL.XXXVI-NO.8

Contents

The official bulletin
for The Hampden District
of The Massachusetts
Medical Society.
Founded in 1942 by
Edward P. Bagg, Jr., M.D. and
William A. R. Chapin, M.D.

PAST EDITORS
MAX MILLMAN, M.D.
JOHN C. AYRES, M.D.
WALTON E. STEVENS, M.D.
CURRENT BOARD
OF EDITORS
MANAGING EDITOR
VIVIAN M. PURDY
ASSOCIATE EDITORS
RONALD K. BURKE, M.D.
JOHN J. FLAHIVE, M.D.
E. DEBORAH GILMAN, M.D.
CARL W. JANOVSKY, M.D.
ALONZO D. SHEFFIELD, M.D.
HOWARD N. SIMPSON, M.D.
ROCCO A. VERRILLI, M.D.
JOHN J. ZADWORNY, M.D.
PUBLICATIONS COMMITTEE
CHAIRMAN
WALTER J. PACOSA, M.D.
WILLIAM J. BAKER, M.D.
GARRY DEN HOUGH, III, M.D.
JOHN D. IZSAK, M.D.
ADVERTISING AND
BUSINESS MANAGER
ALICIA A. WILLARD
733-5336

President's Page, Hail Auxilians 6

In Memoriam 7

Auxiliary to HDMS, President's Report 8

We Must Work Together
AMA Auxiliary President 10

"Getting to Know the AMA Auxiliary" 11

Greetings from State 13

Scholarship Recipients 15

Book Review
"Treatment of Wounds and Fractures 16

Be Prepared,
Sarting Your Practice Workshop 21

Officers of the Auxiliary 22

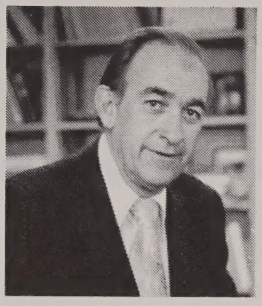
Committee Chairwomen 23

Auxiliary Programs 24

Application to Membership 25

COVER PICTURE:
Martha Giguere, President of the Auxiliary
SIDE PICTURES:
Martha growing up.

THE HAMPDEN HIPPOCRAT IS PUBLISHED MONTHLY EXCEPT FOR JULY AND AUGUST.
THE OPINIONS EXPRESSED IN THIS BULLETIN ARE THOSE OF THE WRITERS AND DO NOT REFLECT THE OFFICIAL VIEWPOINT OF THE HAMPDEN DISTRICT MEDICAL SOCIETY UNLESS SO STATED.
ALL COMMUNICATIONS SHOULD BE ADDRESSED TO VIVIAN M. PURDY, HAMPDEN DISTRICT MEDICAL SOCIETY, 1414 STATE ST., SPRINGFIELD, MASS. 01109; TELEPHONE: 736-0661.
TO BE ASSURED OF UNINTERRUPTED DELIVERY OF THE HAMPDEN HIPPOCRAT, NOTIFY US IN ADVANCE OF AN ADDRESS CHANGE AND INCLUDE YOUR ZIP CODE NUMBER.



J.J. SIRAGUSA, JR., M.D.
President

PRESIDENT'S PAGE

HAIL AUXILIANS!

Hail Auxilians! Welcome to this issue of our Hippocrat. We are looking forward to this being a great year of cooperation between our organizations. My conferences with your President, Martha Giguere, have already indicated to me that she is devoted to the concept of making the Auxiliary a working organization. To accomplish this she has behind her a great team of leaders and committee members. We feel most fortunate in having with us on our executive Committee Jane Condon, Past president of the Massachusetts Medical Society Auxiliary. Jane will certainly be a great asset to your county society and she is in the position to report all the shenanigans that take place in the Ivory Tower of our Executive Committee. This year we will have a member of the Auxiliary on all of our key committees and are looking forward to his relationship. We are particularly pleased to have your newest shining star, Bobby O'Neill, on our Legislative Committee. She has already made it clear by her input that she is destined to be the whip of health legislation in Massachusetts.

Time was when both of our organizations could afford to be social clubs. This is no longer so. The medical profession is being challenged in many areas which require concerted efforts to maintain appropriate input. We are looking forward to your cooperation, particularly in the areas of area health planning, legislation, public relations and education. I also feel that we can be very helpful to each other in improving membership in both of our organizations.

We are deeply appreciative of the help of the Auxiliary in the past and are looking forward to an expansion of our relationship through your involvement in our committee structure on a decision and policy making level. I feel convinced that we have only seen the tip of the iceberg of the tremendous source of power that is available through the knowledge and expertise of the spouse of the members of the medical society. I beseech all of you who have so much to contribute to step forward and join us in organized medicine. There is much work to be done and we urgently need your help to preserve the image and independance of the medical profession.

Come join your mates. Remember, you need not be prolific to be productive. □

In Memoriam

CHARLES L. CALLAHAN, M.D.

Dr. Charles L. Callahan died July 11, 1980 at the Holyoke Soldiers Home.

Dr. Callahan was a surgeon for 33 years at Mercy Hospital where he served as President in 1966 and has served as Vice President and Secretary Treasurer.

A lifelong resident of the area he graduated from Cathedral High School, Holy Cross College in Worcester and Georgetown University Medical School.

Dr. Callahan was a Major with the Army Medical Corps during World War II serving as field surgeon for 21 months in the Southwest Pacific.

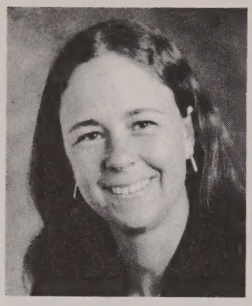
He was a member of the A.M.A., Massachusetts Medical Society, Hampden District, Knights of Columbus, and American Legion.

Deepest sympathy is extended to his wife, Ann, children and many friends from the Hampden District Medical Society. □

In Memoriam

JACOB J. ARENSTAM, M.D.
1906-1980

Dr. Arenstam who was born in Rumford, Maine, May 17, 1906, was a graduate of Bates College and Boston University Medical School. He interned at St. Lukes Hospital, Pittsfield, Massachusetts. He started practice in Westfield, Massachusetts in 1933 and worked steadily until his retirement seven years ago. His industry and enthusiasm, diligence and perserverance in the interest of good medicine practice was an inspiration and model for every doctor with whom he associated. During his period at Noble Hospital he served in the capacity of President of the Staff, Chief of Staff, Chief of Medicine and almost single handedly developed and saw mature, the Intensive Care Unit at Noble Hospital. This particular contribution to the practice of medicine at Nobel Hospital was to be repaid by his own entry into the Unit with a coronary seven years ago. During this period he suffered cardiac arrest and because of the training he himself initiated had his life saved by the people he had trained. Deepest sympathy is extended to his wife Beatrice, family and many friends. □



President's Report

First of all, I would like to thank you for electing me to be your President. I hope that I live up to, and in fact, surpass your expectations. I think that with the help of our very enthusiastic board we can stir up more interest than ever from the old members and hopefully draw in new ones as well.

I would like to remind you of the three purposes of our Auxiliary:

(1) To become more knowledgeable of legislative matters. Through Roberta O'Neill's experience and leadership ability I feel that we should be better informed on legislative matters. Roberta has set up a committee which she expects will attend many training sessions and legislative programs in Boston, Amherst, etc. She will work along with the Hampden District Medical Society Legislative Committee and inform our Auxiliary on legislative progress.

(2) To help our physicians' spouses in Hampden District Medical Society affiliations. This year through Gus Siragusa's encouragement six women have joined with the HDMS Board. As listed in our Membership Book these well informed members are now attending and hopefully can participate in committee meetings.

Merrill Lynch
A breed apart.
69 Market Street Springfield, MA 01103 781-8630

Bfh byron's funeral home, inc.
Ernest A. Byron, jr., president
736-5413
post office box 278
"highland station"
684 state street
springfield, mass. 01109
1858 allen street 01118

(3) To promote a better understanding and relationship between each other by sharing in our activities. As a service to the community several of our Auxiliary members volunteer to run the Science Museum Heart Room. This is growing and a program is being organized to cover a larger age group of children. Therefore more sophisticated programs and aids are being obtained.

Our program began with a lecture by Peter Urban, a fine arts and antiques consultant from Deerfield, Massachusetts. He spoke on "How To Lose Your Shirt Investing In Art And Antiques", Wednesday, September 24th at Storrowton Tavern.

Since the Scholarship Drive was so successful we have decided to continue with this. $3,300.00 was collected for scholarships last year. Do not forget that this contribution is tax deductable. We are then planning a masquerade dance to get together and have a good time. This will be held November 1st at the Crestview Country Club with the Jay Contrino Quartet. We are not including a meal because it would involve too much money and confusion. You can contribute the money that you save from not having a meal to the Scholarship Fund.Last year we had many outstanding students from whom we chose eight $500.00 scholarships. The committee spent many hours deciding on these very qualified students. One was a male student. We have a change of Career Scholarship Chairwoman to Jo Ann Macchiaroli.

The State Confluence at the Colonnade Hotel in Boston, October 23rd should be of special interst to us because it is on the "family" this year. Dorothea Rodkey, the State's new President, is most enthusiastic about the coming year. Now residents' and interns spouses are invited to join the Auxiliaries in most states with dues being slightly lower ($12 per year), than regular members' dues ($20 per year).

We are involved with immunizations as the State has promoted handing out these immunization schedules to all patients that give birth in the hospitals in our counties.

Don't forget the "Shape into Life" campaign which is taking place nationally. This is the second year of the campaign, but this year particular interest is being placed on the importance of the family. Let's try to strengthen our own families. The AMA Auxiliary House of Delegates has passed a resolution which will extend the campaign for a third year. □

MARTHA GIGUERE

Eastern Medical Dental Assn.
presents
Ski & Learn Seminar
February 22-26, 1981
Killington, Vermont
Early Reservations Required CALL or WRITE for BROCHURE
EMDA
416 Hungerford Drive, Suite 408 • Rockville, Maryland 20850
301-251-0303

We Must Work Together

My personal greetings to all of you!

This is the year to think family -- not just of those in our households -- but of the three families which exert great influence on us as auxiliary members and on which we have great effect:

- our auxiliary family, from which we derive our power of voluntary action;
- our medical family, for whom we exist; and
- our community family, whose health we work to protect.

We must work together to see that our organization -- the AMA Auxiliary -- remains strong and vital.We must work together to protect the medical family from those who would berate and belittle it. We must work together to help the people in our communities live healthier, happier lives.

We know that we are living in troubled times. But we also know that we won't allow any problems to overcome us.

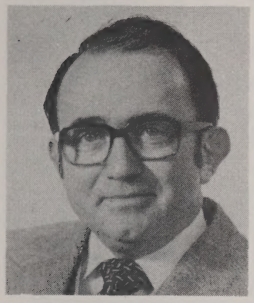
Let's enter this new auxiliary year with a positive spirit, a family spirit. Let's continue our voluntary action to accomplish great things. Let's enter a new dimension, a positive dimension together -- as a family.

As Jane Pickens Hoving has said, ''What you can accomplish as a volunteer in this country is as infinite as the mind is infinite. There is nothing you cannot do.'' □

MRS. JOHN F. VAUGHAN
1980-81 AMA Auxiliary President

visit the Leonard Gallery
1067 E. Columbus Ave.
Springfield
733-4125
for
• FINE ART
• WALL DECOR
• MIRRORS
and the very
• FINEST CUSTOM FRAMING

Winning isn't everything, it's WHERE you play that matters!!
Round-Robin
Social Events and Random Play
Health Facilities
12 cushioned indoor courts, practice lane, Roman whirlpools, saunas, exercise rooms, air conditioned clubhouse, snack bar, lounge, pro-shop, nursery.
for further information
Call 567-1724
MEADOWS RACQUET CLUB
170 DWIGHT ROAD
LONGMEADOW, MA



"Getting To Know The AMA Auxiliary"

When U.S. Health and Human Services' Secretary Patricia Harris applauded the AMA Auxiliary for its unselfish effort to immunize all American children against the ravages of disease last fall, it marked another milestone in the 58-year history of this unique organization.

Since its founding in 1922, the Auxiliary, made up of physicians' spouses has had one definite purpose -- to serve the community by promoting the betterment of public health through preventative medicine. With a membership in excess of 81,000, the Auxiliary is surely an integral part of the American Medical Assocation, and has a tradition of activities of service to society.

This theme was dramatically underscored last July at the AMA's Annual Meeting in Chicago when outgoing Auxiliary president Mrs. Ben Johnson handed a check for more than $1.6 million to Hubert A. Ritter, M.D., president of the AMA's Education and Research Foundation.

This sum, one of the largest ever raised on behalf of AMA-ERF, represented the continuing effort by the Auxiliary to support medical education as well as research. The Auxiliary can be proud of its outstanding efforts which have so far raised an estimated $32 million in support of medical education.

Because the Auxiliary has taken the lead in fund raising projects, the AMA-ERF for example, was able to channel more than $1.1 million directly to the nation's medical schools earlier this year in the form of grants.

Four Massachusetts medical schools -- Harvard, Boston University,

When Marriott does it, they do it right.

Springfield Marriott Hotel.
At Baystate West, Springfield, Mass. 01115. (413) 781-7111

ESTABLISHED IN THE YEAR 1851
Dickinson-Streeter Funeral Service
305 STATE ST., SPRINGFIELD, MASS.
Earle C. Bradley Alfred J. Gay

Tufts and the University of Massachusetts -- received more than $27,000 in 1980.

However, it is programs such as the National Immunization Awareness Campaign, that have proved an unqualified success with every state and most county auxiliaries participating.

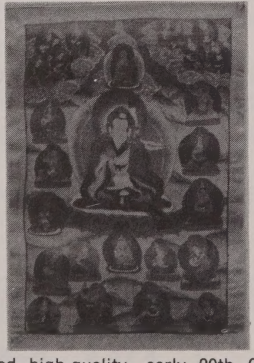
And, of course, the top priority for 1980-1981 will be to continue the Shape Up For Life Campaign. The numbers so far are certainly significant; 300,000 nutrition brochures distributed; 100,000 buttons are being displayed; and 30,000 T-shirts transfers are being worn. Radio and television Public Service Announcements have brought this message to millions of Americans. Through this activity the Auxiliary is helping to generate tremendous interest in personal health. The Auxiliary has been able to take to people the important message that good health means having a proper diet and being physically fit.

Certainly there are not enough positive words to underscore the outstanding way Auxiliary members have aided medicine in two of its vital endeavors -- promoting good health legislation and working to cut the cost of health care. A number of years ago, the Auxiliary began a network of legislative alert systems in responding to numerous requests for action. The systems have made a big impact on legislators and it has helped pass sound health legislation, while seeing that less desirable bills were amended or defeated.

The AMA Auxiliary is one of organized medicine's greatest assets. That's it! Period! □

JAMES H. SAMMONS, M.D.
Executive Vice-President,
American Medical Association

TIBETAN TONKAS



Selected high-quality, early 20th Century paintings by the Buddhist monks in Tibet. Excellent condition, on canvas, with wide silk borders, 39'' x 24½'' overall size: image about 25'' x 17''.

We have 30 unique examples at present, reasonably priced at $250. each.

CORNELL GALLERIES
270 Maple Street
Springfield, MA 01105
(413) 732-5339

S.T.A.R.T.
Physical Therapy

The Physical Therapist is an important member of the medical team. For those who suffer from painful muscles and bone problems, freedom from pain is an elusive light at the end of the tunnel. Drugs may provide relief from symptoms, but they usually do not attack the cause and may become addictive. Surgery, while approprate in some cases, is too often a last resort that fails. What is a person to do?

Fortunately, many people have found relief from debilitating pain through safe, natural, Physical Therapy.

Working through a Physician's referral, the Physical Therapist can very often spare patients the trauma of surgery or the blank euphoria of drug dependence. For the post-operative patient, the Physical Therapist is the link in the health care team that speeds successful recovery. For the sports enthusiast, a Physical Therapist can decrease recovery time from injuries and rehabilitate the athletes for their respective activity.

If you feel Physical Therapy may help you, check with your Physician. Most health care insurances cover Physical Therapy services.

Greetings From State

I bring you greetings from the MMS Auxiliary. Thank you for inviting me to share with the members of Hampden District some thoughts about the medical society auxiliaries. "Service" is the name of the game for both doctors and auxilians. We are both involved because we care - care that doctors continue to have the opportunity to give high quality medical care to all who need it; care that we continue to have in this country enough well trained doctors and that there be the opportunity for foreign doctors to be trained to meet the medical needs abroad; and care that people learn how to, and have the means to, maintain sound minds in sound bodies.

The district auxiliary is where the action must be. It should study the health needs of the community to learn if and how they are being met, to determine whether there are already involved groups within the community whose efforts the auxiliary could supplement, or whether it should initiate a project. Whatever its involvement, the auxiliary must have the blessing of the medical society. It may well be that the medical society already has a project in mind for which it would like auxiliary help. To carry out projects, the auxiliary will need secretarial and financial help from the medical society. I believe HDMSA is in the fortunate position of having such encouragment.

Members of the auxiliary should sit on the district medical society legislative committee to become informed about medical legislation and find out how they can work intelligently for you both on the local and the state level. And, the auxiliary needs your support in fundraising events for AMA-ERF. This is a program that is unique to the medical family. It's up to us in these days of high educational costs to help make it possible for bright and compassionate young men and women to train for medicine.

You know the functions of the state and national organizations: to provide resources, to offer inspiration and leadership training, and, yes, to prod where necessary. We want to help medicine speak with a united constructive voice.

But, it is not all work. There is need for sociability and friendship among doctors, their spouses, and their children; and a need for concern and caring for each other.

Doctor, is your spouse an auxiliary member? If not, won't you ask her or him to join us? Remember, that as much as we need workers, we also need the financial help of those who for some reason have to rely upon their dues to be their primary contribution. Moreover, the number of district presidents who can have the opportunity to take advantage of national leadership training with

financial assistance from national, depends upon the size of state membership. And, especially remember, that both the medical society and the auxiliary have representative governments. The opportunity for the Massachusetts Medical Society and the MMS Auxiliary to have a meaningful voice in the AMA and the AMA deliberations depends upon the size of our membership. For the well being of the American People we must all be concerned about the direction medicine takes in this country, and we all need to participate in helping to shape that direction. □

MRS. GRANT V. RODKEY
(DOROTHEA)
President, MMA

"Tops" in Good Food

VERY FRESH SEAFOOD

POPULAR PRICES

TOP OF THE HILL RESTAURANT

- SALAD BAR
- CHILDREN'S PORTIONS
- DAILY SPECIALS
- COCKTAIL LOUNGE

Daily Luncheon & Dinner Specials

OPEN: 11:30 TO 9 P.M.
FRI. & SAT. 11:30 TO 10.
CLOSED MONDAYS
Lounge Open to Midnite

2200 BOSTON ROAD
ROUTE 20, WILBRAHAM
596-9811

Gift Certificate

EXPIRES: _____

AMOUNT: _____ VALUE OF $5.00 GOOD TOWARDS DINNER CHECK OF $20.00 OR MORE.

TWO MATTOON WILL VALIDATE YOUR CIVIC CENTER PARKING TICKET.....

TWO MATTOON
CORNER CHESTNUT & MATTOON STS., SPRINGFIELD

WOMAN'S AUXILIARY
Scholarship Recipients 1980-81

NAME ADDRESS TELEPHONE NUMBER	SCHOOL	STUDY
Linda M. Carroll 18 Bayne Street East Longmeadow, MA 01028 525-4246	Ithaca College	Physical Therapy
Yvette Marie Catellier 44 Wayne Street Springfield, MA 01118 739-8790	Boston University	Occupational Therapy
Christine Marie Angelica 22 Crestwood Street Springfield, MA 01107 739-5726	Stonehill College (Daughter of late Dr. Joseph Angelica and Rosetti Angelica)	Medical Technology
Theresa Enderle 109 Moore Land Street Springfield, MA 01104 788-8203	College of Our Lady of the Elms	Nursing
Janine Benoit 420 Holyoke Road Westfield, MA 01085 562-3011	Fitchburg State	BS Nursing
Catherine Kularski 67 Morse Avenue Ware, MA 01082 967-5038	University of Lowell	Physical Therapy
Mr. John A. Murray 267 Elm Street Holyoke, MA 01040 534-5131	American International College	Medical Technology
Andrea Kennedy 63 Thompkins Avenue East Longmeadow, MA 01028 525-6853	Baystate Medical Center School of Nursing	Nursing

TREATMENT OF WOUNDS AND FRACTURES
BY JOHN JONES, M.D.
114 pp PHILADELPHIA: ROBERT BELL, MDCCLXXVI

This little volume from the pen of Dr. John Jones, professor of surgery in King's College, New York is a valuable contribution to military medicine and is particularly timely inasmuch as we are now embarking on what may well become a prolonged conflict with His Majesty's forces in our struggle for independence.

The author is well equipped for the task to which he has applied himself. Now in his 47th year, he was born in Jamaica, Long Island and represents the third generation of his family to practice medicine. At age 18 he began to study the art under the care of Dr. Thomas Cadwallader of Philadelphia. Following this he went to London where he attended the lectures of Dr. William Hunter, and obtained hospital experience at St. Bartholmew's where Mr. Pott was senior surgeon. From London he went to France, receiving his M.D. degree from the University of Rheims. He also spent profitable time at the Hotel Dieu in

PROFESSIONALS enjoy buying and selling
real estate through **PRESTIGE REALTY.**
Bernard W. Schorr
Elsie B. Halperin
REALTORS

CLASSIFIED

Wanted General Surgeon -- Easthampton, to share modern medical office with a new internist. Population of 20 thousand. Unopposed practice. No investment required. Contact office manager Holyoke 534-3321.

Kendall Commons
A HEALTH AND RESIDENTIAL COMMUNITY
190-200 KENDALL ST., SPRINGFIELD, MA. 01104
Hampden House Assisted Living 733-6617
Chapin Center Skilled Nursing 737-4756

CLASSIFIED

MODERN OFFICE in Holyoke Regional Medical Building adjacent to Holyoke Hospital. Fully-equipped for use on full-time or part-time , 'time-share', basis. **HOLYOKE 534-3321**

Paris, at Leyden, and finally in Edinburgh before returning home.

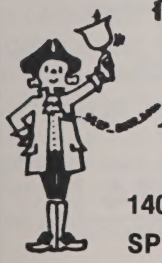
In New York he soon established a flourishing practice, and was the first in the city to perform lithotomy. He volunteered to serve as surgeon to the troops during the war with France, and later, when the medical school was formed in the College of New York, Dr. Jones was appointed Professor of Surgery.

It is from this wealth of background and experience that Dr. Jones brings us this volume on Treatment of Wounds and Fractures, in which he states, "I have endeavoured to select the sentiments of the best modern surgeons upon the treatment of those accidents which are most likely to attend our present unnatural contest; and as many of the Gentlemen engaged in that service are young men, whose opportunities of instruction or practice have been confined within narrow limits, I flatter myself that such of them at least as are conscious of their own defects will find in this piece no unuseful guide."

In the chapter on Wounds in General, after describing the nine stages of healing of an open wound he strongly urges his readers to place nothing but soft lint in a fresh wound, maintaining that all the "infallible, healing balsams and wonderful nostrums" used by quacks and ignorant practitioners, do nothing but interfere with "nature's admirable efforts for her own relief." To assuage inflammation he advises "bleeding, gentle laxatives, warm baths and soft cataplasms (for the benefit of young surgeons unfamiliar with the term, these are poultices) to the parts affected.

Jones divides wounds into four different species, the incised, the punctured, the lacerated and the contused. He stresses the importance of cleaning the wound from coagulated blood and all foreign bodies, and because the skin "is a most useful as well as ornamental part of the human body" as much as possible should be preserved. In penetrating wounds of the abdomen "the patient should immediately lose as much blood as his strength will bear" and these bleedings should be repeated at short intervals. In addition emollient glysters (soothing enemas, e.g. olive or almond oil) anodynes to assuage pain, a most rigid diet consisting of thin diluting drinks, and perfect quiet are advised.

When Dr. Jones discusses fractures it becomes obvious that he benefitted greatly from his association with Mr. Pott, who still serves St. Bartholomew's as Senior Surgeon. He makes no bones, fractured or otherwise, in his severe criticism of current practice whereby the surgeon's assistants, using great force, attempt to align the limb and then stuff it fully extended into a fracture box, where the knee becomes



Car Phones . . . . Answering Service . . . . Pocket Pagers

MESSAGE CENTER

1401 STATE STREET
SPRINGFIELD, MA

781-1149 Springfield, MA
781-1908 Hartford, CT

stiff, the victim is utterly miserable, and decubitus of the heel is not uncommon.

"What is the reason, asks Mr. Pott, that a fracture of the os humeri is so easily reduced and maintained in its situation with so little pain and difficulty? It is because both the patient and operator are obliged...to place the muscles of the arm in a state of relaxation, by bending the elbow, supporting it in a sling and approaching it to the side of the body, where it rests in a state of ease and security." By the same token, instead of trying to straighten a broken leg against contracted muscles Jones advises placing the patient on his side, with his knee half bent, and gently reducing the fracture. The application of adhesive plaster is frowned on because of irritation of the skin, but a cerate (mixture of oil, lard and wax) with a solution of litharge (lead oxide) in vinegar may be applied, and over this the eighteen tailed bandage allows the leg to be inspected periodically.

In instances where there has been considerable time elapsed between the injury and surgical treatment, a truly satisfactory reduction may be impossible, and in these instances splints made of strong pasteboard covered with leather, or else made of wood are to be used.

In Chapter VI of his book Dr. Jones deals with compound fractures and in some instances takes issue with his mentor Mr. Pott and explains why: The first object of consideration in every compound fracture is whether the nature of the accident is such as to admit of the preservation of the limb with probable safety to the patient's life, and this interesting question has given rise to very opposite opinions between several surgeons of the most distinguished reputation, some of them, particularly Mr. Pott, advising immediate amputation in almost every bad compound fracture attended with comminution or splintering

Oak Hollow Inn

2589 Boston Rd.,
Wilbraham 596-6888

Including Prime Rib, Lobster, Duck, Steaks

Dinner from: 4:30, Tues. - Sat.
Luncheon 11:30 - 2:30 Mon. - Fri.
Sunday Brunch 10 - 2
Dinner 2 - 9

"Relaxed dining in an elegant atmosphere"

WILBRAHAM TENNIS CLUB

8 Courts -
Open Year Round

Complete Pro Shop
Attire and Accessories
For Men - Women
Children

Professional Instruction
Rackets Restrung

Steam Rooms, Saunas
Lounge - Function Facilities

Open 7 Days 7:00 A.M. To Closing

call
543-1074
2041 BOSTON RD. WILBRAHAM

of the bones, while others contend as strenuously for its absolute inutility or at least impropriety in nineteen cases out of twenty.

The explanation of these honest differences of opinion among equally eminent authorities depends largely on locality. Mr. Pott's practice is confined almost exclusively to large hospitals where "the state of air is not only rendered less healthy to breathe in, from great numbers of sick persons confined within a small compass, but the putrid effluvia arising from wounds and ulcers renders it highly pernicious." On the other hand the men in private practice in small towns work in a far safer climate, and frequently save both life and limb under these healthier circumstances. When enlargement of the wound is required to reduce the fracture properly, this allows the extraction of detached splinters. The operator is warned that as many of the loose fragments should be removed as possible without increasing the injury, because it is of little consequence to the patient whether increased pain and inflammation are induced by the nature of the accident or the Surgeon's rough and absurd treatment. Dressings of dry soft lint are intended to promote a free discharge of any matter or extraneous bodies. Compound fractures require dressing at least once a day and the eighteen tailed bandage becomes absolutely necessary to prevent frequent disturbance of the limb. Dr. Jones gives detailed instructions in methods to handle various complications in the prolonged treatment of these injuries, but there are times when the extremity must be removed.

In his chapter on amputation Dr. Jones makes several significant points. Young surgeons, before they begin an operation should go through every part of it in their own minds, to consider every possible accident that may happen, and have the proper remedies at hand in case they should. The apparatus required should be prepared in another room, to reduce somewhat the patient's anxiety. A large dish, with a compress to be placed over the blood vessels, the tourniquet or leather with a fillet (ribbon or cloth band) and stick, a yard of tape rolled up, the amputating knife, the catlen (usually spelled catling--a straight, sharp pointed, double edged knife for dividing ligaments in amputations), saw, tenaculum, crooked needles armed, and ligatures of waxed thread, a pair of straight scissors, and sponges are all required for this procedure. The remainder of the chapter deals with the details of the operation, most of which are familiar to our surgeons.

The next three chapters concern head injuries. He mentions that an apparently trifling blow on the head, such as striking an overhead beam, without laceration of the scalp or fracture of the cranium may be followed several days later by symptoms of concussion. "Gentle evacuations by bleeding, lenient purgatives and sudorific anodynes frequently remove most of the complaints occasioned." He points out, however, "The most dangerous and fatal cases are generally those in which there is not the least fracture or fissure to be found."

He gives the indications for trepanning in undepressed fractures of the skull, whereas depressed fractures call for prompt elevations of the fragments and removal of splinters. The surgeon must not be content merely to do this, however, because extravasation into the brain may cause severe damage.

Chapter XI deals with gunshot wounds. If at all possible the musket or pistol ball should be extracted along with any other extraneous bodies lodged in the wounded part. The hemorrhage should be restrained by tying up the vessel with a proper ligature. A proper quantity of blood should be taken from the patient, his body kept open by clysters and gentle purgatives,an easy perspiration promoted, a cool moderate regimen prescribed, avoiding everything hot or spirituous. He warns against the danger of secondary hemorrhage. The young surgeon must be particularly attentive in securing every vessel with proper ligature.

In a final appendix Dr. Jones makes several positive suggestions on the structure and economy of military hospitals, which, if carefully observed should be of inestimable value in our current struggle. He makes specific remarks about the type of clothing to be worn by soldiers, both summer and winter. A blanket should be allowed to every soldier. As to fuel a soldier ought to be allowed as much as will serve to dress his victuals, keep his barrack dry and to moderate rigorous frost. Trenches should be dug around the tents to carry off the water, and it is of great importance to allow the soldiers plenty of straw and to have it frequently changed. If a soldier's bedding could be raised to a small height from the ground, it would contribute much to his health. He quotes extensively in this chapter from Sir John Pringle whose book on the Diseases of the Army was published in London more than 20 years ago.

In his Introduction to this little masterpiece, Dr. Jones states "If any of you, by observing the following rules, should save the life, or even limb of but one citizen, who has bravely exposed himself in defence of his country, I shall think myself richly rewarded for my labor." That indeed is a modest appraisal for this useful work, the first of its kind to deal with military medicine in this land which we now proudly call the United States of America. □

HOWARD N. SIMPSON, M.D.

Need a New Doctor in Your Office? CALL BOB DOYLE

YOUR *LOCAL* MEDICAL & DENTAL RECRUITER

The Robert B. Doyle Agency

Robert B. Doyle, President

Hospital Campus Medical Building
300 Stafford St., Springfield
785-1659

BE PREPARED!
Starting Your Practice Workshop

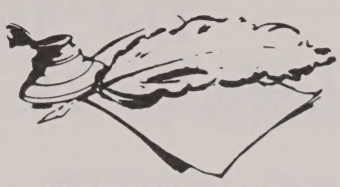
The American Medical Association's Department of Practice Management will present a two-day seminar, "Starting Your Practice", to be held on October 29th and 30th. This program will run from 8:30 a.m. to 5:00 p.m. at the Hotel Sonesta in Cambridge, Massachusetts. The Massachusetts Medical Society is co-sponsoring the course as a membership benefit.

These sessions have been attended by over 3,000 physicians nationwide and they have given it excellent evaluations. Most physicians have reported: "The workshop was invaluable to me - every cent of the registration fee was returned the first week I began practice." Accounting systems, collections, patient relations, insurance, medical records, appointment scheduling and personnel are among the topics to be discussed. A special feature will be a segment on group and partnership practice opportunities.

Physicians completing residency training programs, leaving academias, the military, or large groups should attend and their spouses are invited to audit.

Fees for the two-day session are: $120 for members of the A.M.A., state or county medical societies; $160 for non-members; and $30 for spouses.

For further information or to register call the A.M.A. collect: (312) 751-6667. □



THE INK WELL
CARD AND GIFT SHOP
HERITAGE PARK PLAZA
EAST LONGMEADOW, MASS.
DAILY 10 - 9
SAT. 10 - 6
SUN. 11 - 5

MARY LYON
NURSING HOME
Hampden
Massachusetts

MEDICARE APPROVED

Phone: 566-3431
566-3426

PBX, INC.
A new Telephone Company in Western Mass.

Telephone Business Systems
X-bar Rotary Key Systems
X-reed Electronic all types

Repairs - Sales - Service - Installations
INQUIRIES INVITED
3 Wolcott St., Holyoke
Tel. (413) 534-1400

Picot's Place
RESTAURANT FRANCAIS
CLOSED MONDAY
Dinners From 6 P.M. Daily
Sunday from 3 .P.M.
Open All Year
VILLAGE OF HAMPDEN, MASS.
[413] 566-3034

The Auxiliary to the Hampden District Medical Society

PRESIDENT
Mrs. Leandre W. Giguere

PRESIDENT-ELECT
Mrs. Gregory J. Gallivan

RECORDING SECRETARY
Mrs. Andrew Gainski

CORRESPONDING SECRETARY
Mrs. Mark M. Sherman

TREASURER
Mrs. Richard Miller

SCHOLARSHIP TREASURER
Mrs. Freeman P. Botnick

DIRECTORS
Mrs. Vincent Guardione
Mrs. Gerald W. LaPierre
Mrs. John J. Medrek

VALLEY HEARING AID CENTER

RADIOEAR® WORLD'S FINEST HEARING AID

KIMBALL TOWERS - GROUND FLOOR
BRIDGE ST. LOBBY
SPRINGFIELD, MASS. 01103

Acoustikon®

MALCOLM M. SLOVIN, MGR.
CERTIFIED HEARING AID AUDIOLOGIST

TEL. 732-5588

The Smart Money is at . . .

Security National

multibank

COMMITTEE CHAIRWOMEN

Auditor..... Mrs. Garry DeN. Hough, III

By-Laws and Parlimentarian:..... Mrs. Paul Condon

Career Scholarship:..... Mrs. Thomas H. Parker

Health Education:..... Mrs. William W. Walthall, Jr.

Hippocrat Correspondent:.....Mrs. J. Gordon Rich

Historian:.....Mrs. Paul W. Taylor

Legislation:..... Mrs. Terrence M. O'Neill

Membership and Necrology:..... Mrs. Gregory J. Gallivan

Membership Book:..... Mrs. Emanuel Wiedman

Nominating:.....Mrs. Robert J. Bye

Publicity:..... Mrs. William J. Cummings

Mrs. Stanley Glazer

Social Chairwoman:..... Mrs. Joel B. Bettigole

H.D.M.S. Committee Chairman:..... Dr. Walter J. Pacosa

HAMPDEN DISTRICT MEDICAL SOCIETY COMMITTEES

Executive:.....Mrs. Paul Condon

Area Public Planning:.....Mrs. Richard Miller

Legislation:..... Mrs. Terrence M. O'Neill

Membership:..... Mrs. Gregory J. Gallivan

Publications:..... Mrs. J. Gordon Rich

Public Relations:..... Mrs. William J. Cummings

61ST ANNIVERSARY YEAR

TOROS OMARTIAN & SON, INC.

We Buy and Sell ORIENTAL RUGS

286 Bridge Street Tel. 736-1531 Open Thurs. till 9:00 P.M.

FREE PARKING VALIDATED

PROGRAM OF THE HAMPDEN DISTRICT MEDICAL SOCIETY AUXILIARY

THURSDAY, OCTOBER 23, 1980

STATE CONFLUENCE
Colonnade Hotel, Boston

MID-OCTOBER - NOVEMBER

SCHOLARSHIP FUND CAMPAIGN

SATURDAY, NOVEMBER 1, 1980

MASQUERADE DANCE [Costumes Optional]
Crestwood Country Club, Agawam,

8:00 p.m.-12:00 p.m.	Jay Contrino Quartet
Chairwoman:	Noreen Bettigole
Co-Chairwomen:	Delores Chabot
	Norma Sears

THURSDAY, DECEMBER 11, 1980

HOLIDAY TEA 1:00 p.m.
Home of Noreen Bettigole
46 Pinewood Drive, Longmeadow

Chairwoman:	Noreen Bettigole
Co-Chairwomen:	Mary Barton
	Linda Sweet

KING'S PHARMACY
Ethel K. King, Manager
20 GROVE STREET
CHICOPEE FALLS — 592-1651

HIBICLENS LIQUID
NOLVADEX TABLETS
MYLANTA LIQUID
Frank Bobbin
Stuart Pharmaceutical

PROFESSIONAL BUSINESS SERVICE
D. M. YOUNG
Secretarial Services - Computer Billing
Bookkeeping Services - Payroll Taxes
788-9611 130 Maple Street
Medical Center Springfield, Mass. 01103

BEST MEDICAL LOCATION IN TOWN

WE'RE 94%, FILLED, 97% COMMITTED

ONLY 3000 SQ FEET LEFT IN SUITES FROM 454 TO 846 SQUARE FEET

Call BOB DOYLE, Rental Agent

HOSPITAL CAMPUS MEDICAL BUILDING
300 Stafford St., Springfield, MA

785-1659

ORIENTAL RUGS

MARKARIAN & MARKARIAN
EST. 1895

We buy & sell
Oriental Rugs

472 BRIDGE STREET
at Apremont Triangle
SPRINGFIELD — 737-1227

ANTIQUE and SEMI-ANTIQUE RUGS

AUTHENTIC OIL PAINTINGS

INDIAN and CHINESE RUGS

Application for Membership
To The
Auxiliary To The Hampden District Medical Society

Name _____
Last First

Address _____
Street

_____
City State Zip

Home Telephone _____

Interests and Hobbies _____

Please mail to:

MRS. GREGORY J. GALLIVAN
108 White Oaks Drive
Longmeadow, MA 01106

LIST OF ADVERTISERS

Below is list of our advertisers for 1980. In your contact please tell these people how much we appreciate their support.

Agawam Medical Equipment, Inc.
Arnold's Shoes
Bay Bank Valley
Bay State Service & Systems
Byron's Funeral Home
Corliss Adjustment Bureau
Cornell Galleries
Curran-Jones Funeral Home
Dickinson-Streeter Funeral Home
Doyle, Robert Agency
Dunlop Florist
Eastern Medical & Dental Assoc.
East Longmeadow Nursing Home, Inc.
Footit Surgical Supplies
Freedom Federal Savings
Hafey Funeral Home
Hart Adjusment Bureau
Henderson's Funeral Home
Marthe Hess
Home & Sitter Services, Inc.
Inkwell
Integrated Resources Equity Corp.
Kendall Commons
Kidder Peabody Co., Inc.
King's Pharmacy
Leonard Gallery
Lester L. Burdick, Inc.
Lilly, Eli and Co.
Log Cabin Restaurant
Markarian & Markarian
Mary Lyon Nursing Home
Mead Johnson
Meadows Racquet Club
Merrill Lynch
Message Center
New England Medical Laboratories, Inc.
Oak Hollow Inn
Office Supplies Associates
Old Storrowton Tavern
Omartian, Toros & Son, Inc.
P B X Inc.
Parties With A Flair
Pension Associates, Inc.
Physicians Supply Co.
Picot's Place
Prestige Realty
Professional Business Service
Prop-R Walk Shoes
Reliable Telephone Service
Rodeway Inn
Ross Laboratories
Security National Bank
Shawmut First Bank
Springfield Marriott Hotel
START
Stuart Pharmaceuticals
Student Prince & The Fort
Top Of The Hill Restaurant
Turner, Marilyn
Two Mattoon
Valley Hearing Aid Center
Visiting Nurse Association
Weidner Travel Bureau, Inc.
White, A. O.
Wilbraham Tennis Club
Yankee Pedlar Inn

ACHING FEET?

TIRED LEGS?

COMFORT FORM MOULDED SHOES. OFFERS A SENSIBLE SOLUTION, FOR BOTH DOCTOR & PATIENT. CUSTOM CASTING DONE AT OUR STORE, OR AT YOUR CONVENIENT LOCATION. CALL FOR APPOINTMENT.

PROP-R WALK SHOE

75 HAZARD AVE.
ENFIELD, CONN. 06082
(EXIT 47E OFF I-91)

(203) 745-9998

BRIAN SILVIA PROP.

Dine in Relaxed Elegance

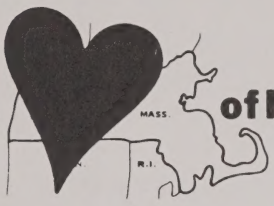
Always a different and delicious menu to enjoy in pleasant comfort. Serving daily from eleven-thirty AM to midnight.

THE LOG CABIN

Easthampton Road, Route 141
HOLYOKE
536-7700

WANT TO MAXIMIZE YOUR COLLECTION

ALL YOU REALLY NEED IS HART

In The Hart  **of New England**

SPRINGFIELD □ CHICOPEE □ HOLYOKE

RETAIL • MEDICAL • COMMERCIAL

HART ADJUSTMENT BUREAU

RM. 207 / 560 DWIGHT ST. / P.O. BOX 1277
HOLYOKE, MASSACHUSETTS 01040

Telephone Holyoke- (413) 536—4070 — Northampton (413) 584—4543

CUSTOM FITTED ORTHOSIS

PHYSICIANS SUPPLIES
SALES
RENTALS
DELIVERY

719 Main St.
Agawam, Mass. 01001
(413) 789-1100

AGAWAM MEDICAL EQUIPMENT

*Emergency Medical Equipment
*T.E.N.S.
*Professional Office Furniture and Equipment
*Authorized Jobst Dealer

- OSTOMY SUPPLIES
- HOSPITAL BEDS
- WHEEL CHAIRS
- COMMODES
- SURGICAL GARMENTS
- EXERCISE EQUIPMENT
- TRACTION EQUIPMENT
- WALKERS
- LEG BRACES
- IPP BREATHING MACHINES
- BREAST PROSTHESIS
- WHIRLPOOLS

"We Deliver"

TRY US FIRST

Are you paying over $25,000 in Income Tax?

There are a number of ways in which you may achieve tax savings.
For information on Tax Free Income • Tax Shelters •
Oil & Gas Programs • Real Estate Programs
contact:

Robert Lessard, Managing Executive

Integrated Resources Equity Corporation

15 Signal Hill Circle / Springfield, MA 01118
(413) 783-4285

Hickey-Freeman
CUSTOMIZED CLOTHES

There will always be a market for the very finest.

A.O.WHITE
for Men

Baystate West, Springfield Centre